



Secondary Large Group Guidance Classes

Parent/Guardian Opt-Out Request

Dear Parents or Guardians,

Baldwin County Public Schools are committed to your child's complete wellness and life-long health; therefore, throughout the year, we will be utilizing the evidence-based P.A.T.H. curriculum. School counselors facilitate the delivery of instructional classroom sessions using the guidance curriculum provided by Thriveway. The Prevention & Awareness for Total Health (P.A.T.H.) program constitutes a Tier 1 prevention curriculum accessible to all K-12 students. Its components are tailored to each grade level, ensuring age-appropriate content encompassing essential life skills and strategies. This curriculum is aligned with the Counseling Standards outlined by the Alabama State Department of Education.

Each developmental phase for middle and high school students brings its own unique set of challenges and opportunities. We strive to equip our students with personal tools which will help them combat those challenges, protect physical health and safety, foster kindness, enhance relationships, promote mental wellness, maintain perspective, employ positive coping skills, and build resiliency. We want our students to do more than survive – we want them to thrive!

We believe that schools and families must work together for the betterment of the whole child, and our communication with you is a key factor in the success of that mission. We are excited to share this information with you as we use P.A.T.H. to empower students to make choices that will protect their safety, enhance connectedness, and encourage life-long physical and mental health.

IMPORTANT NOTE: We are excited to bring P.A.T.H. to all of our students. However, if you choose to have your student sit out of these lessons, please complete the form below and return to your child's school. Also, please be aware that the opt out requests do not transfer from school to school. Therefore, if your child changes schools you will need to submit an additional form.

I CHOOSE FOR MY CHILD **NOT** TO PARTICIPATE IN LARGE GUIDANCE CLASSES WITH THEIR PEERS WITHIN THE CLASSROOM SETTING.

Student name: _____ Homeroom Teacher: _____

School Name: _____ Grade Level: _____

Parent Guardian Name: _____

Parent or Guardian Signature: _____